

# SALTMARSH FARMHOUSE

CAFE      BAR      ROOMS

Breakfast Served 9.00-11.30

## Coconut Chia Pudding & Kambucha Bircher - (Vg)

Creamy coconut Chia pudding alongside Kambucha soaked Bicher. Slow poached Rhubarb & Roasted seeds £ 8.75

Contains Almonds

## The Works Breakfast

2 Heaths Sussex Pork Sausages & Bacon, Slow Roasted Tomatoes, 2 Fried Sussex Free Range Eggs, Sautéed Mushrooms, Hash Browns & Beans served with Poppyseed Bakery Bloomer Toast £ 13.50

## Vegan Works

2 Vegan sausage, 2 slow roasted tomatoes, Sauteed spinach, Roasted Peppers, Slow cooked mushrooms, Hashbrowns, Beans, 2 Poppyseed Bakery Bloomer toasts £ 13.50

## Half Breakfast

The Works but smaller - available in Vegetarian, Vegan & Regular £ 7.95

## Saltmarsh Shakshuka

Smokey Red Pepper, Onion, Tomato & Chorizo with two baked Sussex Free Range eggs & Poppyseed Bakery Sourdough £ 9.25

Vegan option available

## Smashed Avo

Avocado, Chilli & Lime smash, Vine roasted Cherry Tomatoes, two soft Poached Sussex Free Range Eggs, Toasted pumpkin seeds all served on Poppyseed Bakery seeded Sourdough £ 10.25

Vegan Option available

## Extras

Black Pudding  
Heaths Back Bacon (2)  
Heaths Sausage (2)  
Sauteéd Mushrooms  
Avocado  
Halloumi £3.00

## Chilli Hot Smoked Salmon

Flaked chilli spiced salmon, two Sussex soft poached eggs, Avocado, mixed grain, dill & caper dressing, Poppyseed Sourdough £ 12.50

## Children's Breakfast

Poppyseed White or Wholemeal Toast served with a choice of two:  
Free Range Sussex Eggs as you like, Beans, Hashbrown, Heaths Sausage or Bacon £ 4.75

## Brioche Breakfast Bap

Thick cut Chorizo, Spinach, Halloumi, Roasted Pepper & Sussex Free Range Fried Egg £9.95

Heaths Bacon or Sausage Bap £6.50

## Buttermilk Pancakes

Light Fluffy Buttermilk Pancake stack  
Whipped Marscapone, Blueberry compote & White Chocolate £ 9.50

Heaths Sussex Bacon & Maple Syrup £ 8.95

## Tigermoth Coffees

See our Drinks Menu for our range of Coffees. Our Espresso Beans are locally Roasted in Lewes @ Tigermoth Roastery. From £ 2.90

Selection of E23 Herbal Teas £ 2.50

## Smoothies

Minty Green, Summer Berries or Tropical Island £4.80

## Bloody Mary

Chapel Down Vodka over Ice served with Folkingtons Tomato Juice & all the trimmings £ 8.25

## Virgin Mary

Without the Vodka but all the spice £ 4.25

## House Prosecco

by the Glass £ 7.00

## Mimosa

House Prosecco with Fresh Orange Juice £ 7.00

Breakfast Drinks

All Menu items are cooked to order

Please speak to a Member of staff if you have any dietary requirements

Our Kitchen handles all Allergens