

LUNCH MENU

TOASTIES & SANDWICHES

BRIE & ONION CHUTNEY	£7.00
<small>Contains Gluten, Contains Dairy - Gluten Free on Request</small>	
HONEY ROAST HAM & CHEDDAR	£7.00
<small>Contains Gluten, Contains Dairy - Gluten Free on Request</small>	
BRIE, BACON & CRANBERRY	£7.50
<small>Focaccia Roll, Bacon, Brie, Cranberry Sauce, Toasted, Contains Gluten, Contains Dairy, Gluten Free on Request</small>	
MOZZARELLA, PESTO & TOMATO	£7.50
<small>Mozzarella, Pesto, Sun blush Tomato Puree, Sliced Tomato, Focaccia roll -Served cold from the counter -Contains Gluten & Dairy - Gluten Free on request</small>	
SMOKED SALMON BAGEL	£8.00
<small>Smoked Salmon, Toasted Bagel, Cream Cheese, Dill, Salad Leaf & Lemon Served cold from the counter - Contains Gluten & Dairy - Gluten Free on Request</small>	

DAILY SPECIALS

SUSSEX CHEESE PLOUGHMANS	£15.00
<small>Sussex Brie, Pevensey Blue Cheese, Sussex Sheep's Cheese, Gammon, Crusty Bread, dressed leaf, Pickles & Chutney Vegetarian & Gluten free options on request</small>	
WARM GOATS CHEESE SALAD	£14.50
<small>Sautéed beetroot, Kale, Dressed salad, slow baked Spanish Goats cheese Contains Gluten, Contains Dairy. Gluten Free available on request</small>	
WILD MUSHROOM & RAINBOW CHARD RISOTTO	£16.00
<small>Parmesan, Extra Virgin Olive oil - Contains Dairy, Dairy Free available</small>	
BEEF BOURGINON	£17.00
<small>Slow braised shin of Sussex beef, Carrot & Swede Crush, Braised Red Cabbage Gluten Free, Contains Dairy</small>	

CAFE REGULARS

HOMEMADE VEGETABLE QUICHE	£9.95
<small>Served warm with House Slaw & Hearty Dressed Salad V</small>	
JACKET POTATO	£9.50
<small>Slow Baked Jacket served with Cheese, Beans & Hearty Dressed Salad VgO/GFO</small>	
SOUP OF THE DAY	£6.95
<small>Served with seeded roll & butter - Vg/GFO</small>	
RED LENTIL DAHL	£8.50
<small>Served with Warm Seeded Roll & Butter, Vg/GFO</small>	

Please note our food is freshly prepared and there may be a wait time.

Counter food such as sandwiches & Hot menu items from the kitchen may arrive separately from each other as they come from different areas

Our kitchen handles all allergens, please speak to a member of staff if you have an intolerance or allergy