

SALTMARSH FARMHOUSE

CAFE BAR ROOMS

Breakfast Served 9.00-11.30

Porridge - (vg)

Creamy porridge made with Whole Downview Dairy Milk, fully loaded with dried seasonal fruits, Roasted Seeds, Banana & Coconut with a side of Maple £ 6.75

Choice of alternative milks available

Longman Rarebit

Poppyseed Sourdough, Sussex Hock Ham, Sautéed Leeks & Longman Best Bitter Rarebit £ 9.25

The Works Breakfast

2 Heaths Sussex Pork Sausages & Bacon, Slow Roasted Tomatoes, 2 Fried Sussex Free Range Eggs, Sautéed Mushrooms, Hash Browns & Beans served with Poppyseed Bakery Bloomer Toast £ 11.95

Half Breakfast

The Works but smaller... £ 7.95

Bubble & Squeak

Crispy Sautéed Potatoes, Hearty cabbage, Shredded Sprouts topped with Sussex Free Range Fried Egg £ 9.25

Smashed Avo

Avocado, Chilli & Lime smash, Vine roasted Cherry Tomatoes, two soft Poached Sussex Free Range Eggs, Toasted pumpkin seeds all served on Poppyseed Bakery seeded Sourdough £ 10.25

Extras

Black Pudding
Heaths Back Bacon £2.50
Heaths Sausage
Mushrooms

Avocado £3.00
Halloumi

Smoked Haddock Morné

English Muffin, Poached smoked Haddock, Wilted Spinach, Sussex Free Range Poached Egg, Morné sauce & Breadcrumb £ 11.50

Childrens Breakfast

Poppyseed White or Wholemeal Toast served with a choice of two: £ 4.75
Free Range Sussex Eggs as you like, Beans, Hashbrown, Heaths Sausage or Bacon,

Buttermilk Pancakes

Light Fluffy Buttermilk Pancake stack
Winter Berries, Whipped Ricotta & Salted caramel drizzle £ 9.50

Heaths Sussex Bacon & Maple Syrup £ 8.95

For Vegetarian or Vegan alternatives to any dish, please speak to our team

Tigermoth Coffees

See our Drinks Menu for our range of Coffees. Our Espresso Beans are locally Roasted in Lewes at Tigermoth Roastery. From £ 2.90

Selection of E23 Herbal Teas £ 2.50

Breakfast Drinks

Smoothies

Minty Green, Summer Berries & Tropical Island £4.75

Bloody Mary

Chapel Down Vodka over Ice served with Folkingtons Tomato Juice & all the trimmings £ 8.25

Virgin Mary

Without the Vodka but all the spice £ 4.25

Mimosa

House Prosecco with Fresh Orange Juice £ 7.50

All Menu items are cooked to order
Speak to a Member of staff if you have any dietary requirements
Our Kitchen handles all Allergens